

# †RŪvi , bvi xi ¶lgZvqb Ges Dbq̄b w̄l qK m̄wUd†KU †Kvm©

evsj v̄t`k ḡnjv cwi l` cŪZŏvKv̄tj (1970 mvj) †\_†K bvi x-cj`†li Rb` mgZvcY©MYZw̄šK, Amv̄cŪ w̄qK, gvbeZver`x †PZbv̄mgx cwi evi , mgvR l i vŏ Movi j †¶¶ KivR K†i hv̄t`Q| `v̄xbZv-DEi evsj v̄t`k bvi xi Av̄aKvi , gvbeaKvi GB †PZbv̄ aviY K†i GKwU m̄vgwMK `w̄f̄w̄z w̄b̄tq evsj v̄t`k ḡnjv cwi l` bvi x mgvR†K m†PZb l msMVZ K†i bvi x Av̄f`vj b w̄eKwKZ Kivi KivR Ae`vnZfv̄te cwi Pij bv̄ K†i hv̄t`Q| GKw †K Av̄f`vj b l cŪZ†iva , Aciv̄ †K w̄bḡ¶Y , Dfq avivq cwi Pw̄ij Z n†`Q ḡnjv cwi l†i KgR̄vŪ| bvi xi w̄Pšv-†PZbv̄ GKwesk kZv̄āxi ev`eZv Ab̄hv̄qx mgx l kv̄bZ Kivi j †¶¶ msMV†bi Kg¶l tbZef`i cŪk¶¶Y `v̄tbi e`e`v Kiv Qvovl w̄w̄f̄b̄w̄msMV†b l tckivq Kg¶Z bvi x†i m†PZbZv l `¶¶Zv w̄x̄i D†`vM tbqv n†q†Q avivew̄nKfv̄te| GB j †¶¶ w̄b̄q̄gZfv̄te eūḡw̄l K c̄x̄w̄z†Z w̄w̄f̄b̄w̄ai†bi cŪk¶¶Y cŪv̄tbi cwi Kiv M̄hY l ev`evq̄b Kiv n†q†Q| GBme cŪk¶¶Y cŪv̄tbi gva`tg ḡnjv cwi l` w̄tkl Av̄fÁZv AR̄B K†i†Q| GiB avivew̄nKZvq l eZ̄v̄b mḡtqi Pw̄n`vi cwi t̄cŪ¶¶†Z †RŪvi , bvi xi ¶lgZvqb Ges Dbq̄b w̄l t̄q `†ḡw̄mK m̄wUd†KU †Kv†m¶ Av̄tqvRb Kiv n†q†Q| RbM̄Zfv̄te bvi x-cj`†li cv`R` bvi xi Aa`bZvi KivY bq , eis m̄vgw̄RK cwi t̄ek , i w̄Zbv̄w̄Z , `k̄B , ms`w̄Z , cŪv̄ GKRb bvi x†K Aa`b K†i †Zv̄tj | GB cŪ¶qv m̄w̄tK¶evSv l Rv̄bvi Rb` cŪq̄vRb Zv̄EĶ Ávb l w̄w̄f̄b̄w̄cŪk¶¶Y| Rv̄bvi †Pŏv †\_†K `Zwi nq A†bK w̄RÁvm̄v| Rxb l mgvR ev`eZvi w̄f̄w̄E†Z Gme Zv̄EĶ w̄RÁvm̄vi DEi tgj v̄tbi Rb` bZb K†i cv̄w w̄b̄tZ nq bZb `w̄f̄w̄z w̄b̄tq| Db̄z l Mf̄xi Zi Ggb `w̄f̄w̄z thgb †RŪvi m̄w̄tK¶eš†Z m̄vqK n†e , †Zḡv GB m̄w̄tK¶cwi eZ̄B Nw̄tq bvi x-cj`†li Rb` mgZvcY©mgvR l i vŏ MV†b KivR̄i f̄w̄gKv cvj b Ki t̄e|

## †Kv†m¶ j ¶¶ l D†i k`

†RŪvi -Gi aviYv m̄vgw̄RK-mv̄s`w̄ZK gj`†eva l Hw̄ZnwmK-`vk̄B K `w̄t̄KivY mḡ†ni m̄v̄\_ m̄w̄w̄lKZ , GB gj`†eva l `w̄f̄w̄z Ab̄v̄v̄tbi j †¶¶B †Kvm̄B cŪv̄xZ n†q†Q| A`¶ w̄b̄w̄B m̄vgw̄RK t̄cŪ¶vcU ev cŪ¶qv Kx̄fv̄te †RŪvi w̄l qK Av̄Pvi -Av̄PiY l Gi msÁv̄tK i f̄c`vb K†i Ges †RŪvi , ¶lgZvqb l Dbq̄†bi Av̄štm̄w̄K¶Ab̄v̄v̄eb Kiv n†`Q GB †Kv†m¶ Ab`Zg j †¶¶| G †Kvm̄m̄w̄t̄K†i AskM̄hYKvixiv bvi x l cj`†li Av̄Pvi -Av̄PiY l Av̄fÁZvq mḡv̄Ri cŪv̄e h\_vh\_fv̄te w̄tk̄b̄ Ki†Z m̄¶¶g n†eb , ¶lgZv l m̄vgw̄RK AmgZvi Av̄štm̄w̄K¶K` K†i M̄to l Wv b̄v̄w̄ea gZvgZ m̄w̄tK¶Rv̄b†Z cv̄t̄eb| m̄t̄P̄tq `i`ZcY¶ K n†jv , `v̄bxq , Av̄Áw̄j K l `ew̄kK ev`eZvi t̄cŪ¶¶†Z Z`w̄f̄w̄EĶ Av̄tjvPbvq AskM̄h†bi gva`tg w̄k¶¶v`¶v̄ m̄vgw̄RK w̄eKv l bvi xi ¶lgZvqb†K GKwU m̄vgw̄MK `w̄f̄w̄z†Z †`Lvi cwi w̄Pw̄Z jv̄f Ki t̄eb| GB †Kv†m¶ gva`tg AskM̄hYKvixiv bvi x ḡv̄j †¶¶ mḡv̄R Kw̄¶¶Z cwi eZ̄B Av̄b†Z `^`Ae`vb †\_†K m̄w̄w̄q f̄w̄gKv ivL†Z cv̄t̄eb| †RŪvi m†PZbZvi gva`tg bvi xev`x †PZbvi w̄`w̄ Z\_v bvi xi Av̄aKvi cŪZŏvi Av̄f`vj b t̄eMev̄b Kiv G †Kv†m¶ Ab`Zg j ¶¶|

## †Kvm̄B̄i gj D†i k`mḡn n†`Q:

1. AskM̄hYKvixiv†i †RŪvi , ¶lgZvqb Ges Dbq̄b w̄l qK aviYv cŪv̄b|
2. bvi x-cj`l (†RŪvi) m̄w̄tK¶¶ †¶¶† ¶lgZvi w̄b`vm l Askx`w̄i †Zji f̄w̄gKv Ab̄v̄v̄eb l Av̄tjvPbv|
3. eY¶tkbx , †Mv̄† l bvi x-cj`l (†RŪvi) w̄l t̄q ex̄gj cŪv̄MZ aviYv w̄Pw̄yZKiY l bZbfv̄te w̄w̄bḡ¶Y|
4. w̄Kfv̄te bvi x-cj`l , eY¶cj`l , eY¶Ges tk̄b̄w̄f̄w̄EĶ w̄b̄cxoYmḡn cŪZŏv̄bK l e`w̄³MZ Dfq ch̄¶q `k`gv̄b/w̄eivRgv̄b Zvi Av̄tjvPbv|
5. †RŪvi w̄f̄w̄EĶ w̄b̄cxoY cŪZnZ Kiv l w̄t̄jvc m̄v̄t̄bi †KŠkj m̄w̄tK¶cŪv̄ebv `v̄w̄ Kiv†bv|
6. fvlvq w̄b̄w̄nZ cŪ¶w̄j Z aviYvm̄ḡn P`v̄tj Ä Kiv Ges m̄vgw̄RK cwi eZ̄B fvlvi f̄w̄gKvi Dci `i`Zy†ivc|
7. bvi x l cj`†li m̄vgw̄Rw̄x th̄šbv̄PiYw̄w̄a Ges w̄j ½xq Av̄PiYw̄w̄a-Gi ḡt̄a`Kvi Av̄štm̄w̄K¶D`Nv̄Ūb|
8. cŪZ`w̄nK w̄j ½xq-m̄xgv̄bv j •Nb l cŪZ†i v̄t̄ai D`vniY Av̄tjvPbv|

9. ˘vbxq, Avˆw K I ˘wK ˘wˆKvY t\_ˆK tRˆvi , ˆgZvqb I Dbˆb wcl ˆq Avˆj vPbv |
10. Zˆj I PPF mgˆtq wˆkYvZK I mRbkxj I wPˆ I KvˆRi mgˆtq NUvˆbv |
11. bvi xi ˆgZvqb mˆuˆKˆngˆK avi Yv jvf I mˆPZbZv ewˆ |
12. bvi xi AwKvi cˆZˆv Ges Dbˆbˆbi avi vq bvi xi AwKZi mˆwq fˆgKv cvj ˆbi wcl ˆq Avˆj vKcvZ |

tRˆvi , bvi xi ˆgZvqb Ges Dbˆb wcl qK mˆwˆˆK tKvˆmi wcl qmgn I  
wˆKˆgˆj ˆ i cwi wPvZ

wcl q : 1 tRˆvi cwi wPvZ

wcl q	wˆKˆgˆj x
ˆgˆj K avi Yv	Avqkv evby mˆthvMx AaˆvcK, DBˆgb I tRˆvi ˆwvR wfvM, XvKv wkvˆˆˆvj q
tRˆvi I msˆwZi AvˆtmˆuˆKˆ tRˆvˆi i cˆwZˆwˆbKxKiY	Avqkv evby mˆthvMx AaˆvcK, DBˆgb I tRˆvi ˆwvR wfvM, XvKv wkvˆˆˆvj q
ZwˆK avi Yv I bvi x Avˆˆˆvj b: AvˆRˆZK tˆvˆvˆv	Avqkv evby mˆthvMx AaˆvcK, DBˆgb I tRˆvi ˆwvR wfvM, XvKv wkvˆˆˆvj q
ZwˆK avi Yv I bvi x Avˆˆˆvj b: AvˆRˆZK tˆvˆvˆv	mˆxv tgvˆtˆj g, cˆKˆY, Mˆel Yv I cvwMvi Dc-cwi I ˆ , tKˆˆˆq Kˆgˆw, evsj vˆˆ k gˆnj v cwi I ˆ
bvi x Avˆˆˆvj ˆbi BwZnm I avi vˆwˆKZv : AvˆRˆZK I Avˆwˆ K Dcgnvˆˆˆk bvi x Avˆˆˆvj b	i vLx ˆvk cvj Kvq ˆ; mˆuˆvˆ K, msMvˆ Dc-cwi I ˆ , tKˆˆˆq Kˆgˆw, evsj vˆˆ k gˆnj v cwi I ˆ

wcl q : 2 tRˆvi , ˆgZvqb I Dbˆb

tRˆvi I Dbˆbˆbi AvˆtmˆuˆKˆ BwZnm	W. AvBˆbˆ bˆvˆi , wfvMˆq cˆvˆb, bˆwˆvˆ wfvM, Rˆvˆvˆxi bMi wkvˆˆˆvj q
tRˆvi , ˆgZvqb I Dbˆbˆbi avi Ymgn	W. AvBˆbˆ bˆvˆi , wfvMˆq cˆvˆb, bˆwˆvˆ wfvM, Rˆvˆvˆxi bMi wkvˆˆˆvj q
tRˆvi Ges cvˆvj K cvj wˆ	W. dvi Rˆvˆvˆ Bˆmj vˆg, AaˆvcK, bˆwˆvˆ wfvM, Rˆvˆvˆxi bMi wkvˆˆˆvj q

№1 q : 3 tRŪvi I gvbemaKvi

evsj vt`tki msweavb, cPvj Z AvBb I bvi xi AwaKvi	W. kvn`xb gwj K, AvBbRwe, evsj vt`k mpcŕg tKvUŕ wWti ±i, -g Ae Ūj Ū, e`vK BDwb fwmŪ
RwZmsN Ges gvbemaKvi №1 qK tNvI Yv, Pw <sup>3</sup> I mb`mgn	Avqkv Lvbg, mfvcwZ, tK`ŕq KwgwU, evsj vt`k gwj v cwi I`
Avfbæcwi ewi K AvBb	G`w. tRqv`-Avj -gvj g, AvBbRex I gvbemaKvi Kgŕ
tRŪvi I mwmsZv	tmvtnj x Lw`Rv AvRv`, tPqvi cvi mb, DBtgb I tRŪvi ÷ vWR wefvM, XvKv wekte`vj q
bvi xi cŪZ mwmsZv: ev`e AvfÁZvi tciŕtZ evsj vt`tki wPĪ	GW. gvKmj v Av <sup>3</sup> vi j vBj x, wWti ±i, wj M`vj GWtftKum GŪ j we, tK`ŕq wj M`vj GBW Dc-cwi I`, evsj vt`k gwj v cwi I`
tRŪvi, -ŕ` I cŕbb AwaKvi	W. gvj weKv mi Kvi, Aa`vcK, -Kj Ad cvej K tñj -, e`vK wekte`vj q

№1 q : 4 tRŪvi I ivRbxwZ

mvgvRK I bvmwi K AwaKviti i Pw <sup>3</sup> I tNvI Yvmgn	W. AvBbb bvnvi, wefvMxq cĀvb, bjeÁvb wefvM, Rvrvzxi bMi wekte`vj q
tRŪvi I ivR%bwZK ms`wZ	kvšby gRg`vi, mnKvi x Aa`vcK, ivóteÁvb wefvM, XvKv wekte`vj q
ivRbxwZtZ bvi xi AskMŕY I RbgZ	W. %nq` v j vmbv Kexi, mnthvMx Aa`vcK, tj vK cĀvmb wefvM, XvKv wekte`vj q
tRŪvi I mKvmb	W. tmvtnj v bvRxb, mnKvi x Aa`vcK, AvšRwZK m`úK wefvM, XvKv wekte`vj q

weiq : 5 tRÜvi I A\_Ömiz

bvix I A_Ömiz (KwI, wkí, AvbþwmbK I AvbþwmbKt¶¶I mgñ)(bvixi A`k`gvb Kg©: cwi gvtci avi Yv)	W. dvnwg`v LvZb, tnW Ae wi mvP©; tmÜvi di cwi j m Wvaj M
bvixi Kg© mj ¶¶v	W. bvRbxb Avntg`, wmwloqi wi mvP©¶dtj v, evsj vt`k BbwnUDU Ae tWt¶j ctgU ówWR (weAvBwWGm)
wektqb, Awfeymb I ktgevRvi	W. tgv`wcdRj ingvb, wbe¶ix cwi Pvj K, tmÜvi di cwi j m Wvaj M
tRÜvi I `wi`Zv	W. wngxb gngj , cðvb MtelK, e`vK tWt¶j ctgU ÷wWR, e`vK wekte`vj q
tRÜvi I evtRU:cwi tç¶¶Z evsj vt`k	W. KwmbR wmwI wK, Aa`vcK I Kbmj tUu (A_Ömiz)

weiq : 6 tRÜvi I ms`wiz

tRÜvi I wk¶¶v	W. i l kb Rrvnb, Dct`óv, tK``¶q KwguU, evsj vt`k gungj v cwi I`
MYgva`g weiq bvixev`x`wóf¶½	W. Kvteix Mvtqb, mnthvMx Aa`vcK, MYthvMvthvM I mvsew`KZv wefvM, XvKv wekte`vj q
MYgva`tg tRÜvi Dc`vcb iwiz (msev`cI, Btj KUwbK gva`g I weÁvcb)	W. Kvteix Mvtqb, mnthvMx Aa`vcK, MYthvMvthvM I mvsew`KZv wefvM, XvKv wekte`vj q
tRÜvi cizdj b : mwnZ`, fvlv, bvUK I wPÍKjv	Wt CkvYx P¶eZx© mnthvMx Aa`vcK, BwZnm wefvM, XvKv wekte`vj q

weiq : 7 tRÜvi I cwi tek

Rj evqj cwi eZ¶ (f½j Zv, cfve-wba¶¶Y, cwi eZ¶bi evnK, bwiZgij v Ges AvšR¶ZK`i Kl vKwI)	G`wW. `mq`v wi RI qvbn nvmvb, wbe¶ix cwi Pvj K, tej v
Lv`wbi vcEv	ki ug` bxtj wq© mnthvMx Aa`vcK, A_Ömiz wefvM,

	Rvrv/zxi bMi vekje`vj q
bvix I chy³	ki vq>` bxtj vqg© mnthvMx Aa`vcK, A_ØxvZ wefvM, Rvrv/zxi bMi vekje`vj q

‡Kvm©cwi Pvj bvq: clik¶Y Mtel Yv I cvWvMvi Dc-cwi I`

‡Kvm©cwi Pvj K: mxgv tgvmtj g

mæúv`K, clik¶Y Mtel Yv I cvWvMvi Dc-cwi I`

evsj vt`k gvnj v cwi I`

mjdqv Kvgvj feb

10/we/1 tm\_b evvMPv, XvKv-1000

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